

Join Us

For a Free Community Event
Celebrating Youth & Families

Friday, May 10, 2024
5:00-8:00 p.m.
Bell Works Holmdel

Welcoming Middle and High School students and their families

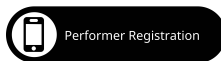
Be YourSELF

Creative Arts & Expression Showcase

A gathering of young artists, musicians, and creative minds
for a night of encouragement, appreciation, and uniting heARTs.

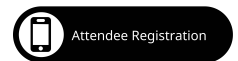
SELF Expression –

Showcase your skills
on our stage.
All talents welcome!
Sign Up to Perform at



SELF Stations –

Unique activities to celebrate
your creativity, including
Photo Booth, T-Shirt
Designing, Blow Outs, and
more! Sign Up to Attend at



Refreshments and Swag Bags will be provided to those who attend!

This free event is made possible by a suicide prevention grant from the Monmouth County Department of Human Services awarded to the Mental Health Association of Monmouth County in collaboration with Society for Prevention of Teen Suicide and YMCA Greater Monmouth County.



Email questions to
kwilson@mentalhealthmonmouth.org